

# October 2025 Newsletter



World Mental health day's theme this year is 'access to services - mental health in catastrophes and emergencies' and feels particularly poignant this year. Together we can make mental health a priority in the lives of all the children and families we work together with to support.

- Talking about our feelings, take courage
- Every child's and adults' mental health matters
- Growth happens when we care for both body and mind

This link has some great resources World Mental Health Day 2025 | Mental Health Foundation



Keeping Children Safe in Sport, whilst highlighted in October with an awareness week, is something that needs to happen all year around. This year's Keeping Your Child Safe in Sport Campaign runs 6-12 October 2025, and the NSPCC are asking sports parents to play their part and talk to their children about how they can bring out their best through positive actions and support. Keeping Your Child Safe in Sport for professionals offers lots of practical tips to share with parents.

**Greater Manchester** Moving > \( \ \ \ \ \

GM Moving are committed to supporting safe, inclusive, and responsible sports environments. Free training and workshops sessions designed for coaches, volunteers, staff, and parents involved in youth and adult sport are available.



#### October is also ADHD Awareness Month

THE MANY FACES OF ADHD Each October, countries around the world observe ADHD Awareness Month to promote understanding

and share reliable, science-based information about ADHD. This year's theme, The Many Faces of ADHD, highlights the diversity of experiences within the ADHD community. The goal is to help individuals thrive by increasing awareness and access to support.

You can get involved by:

- **Learning** about ADHD symptoms, diagnosis, and treatment.
- **Sharing** facts and stories using #ADHDAwarenessMonth.
- Advocating for better understanding and accommodations in schools and workplaces.

Let's work together to spread knowledge and support for those affected by ADHD. This link is full of reliable information based on the evidence of science and peer-reviewed research. ADHDAwarenessMonth 2025

# International Day of the Girl 2025 | UNICEF

Working with girls? October also celebrates International Day of the Girl. This year's theme, as shaped by girl-led organisations and networks, is 'The girl I am, the change I lead: Girls on the frontlines of crisis'



#### Cyber Choices - National Crime Agency

Offers guidance for Young People, Parents Guardians and Carers, Teachers and Safeguarding Staff.



Links to Padlets (digital notice boards) from Tameside & Glossop Parent Infant Mental Health Service:



Tameside and Glossop postnatal directory

Explore the services available and how to access the support they offer.

Tameside and Glossop antenatal directory

Explore the services available and how to access the support they offer





<u>Tameside & Glossop 0-5 Parent-Infant Mental Health Service (PIMHS)</u>
Here you can meet the team, discover resources and information on what they can offer the families you support.

These will also be added to the TSCP website.

#### Free Asthma Awareness Training - Still Available

Do you work with children or young people in a childcare, clinical, or non-clinical setting?

Enhance your confidence and knowledge with **FREE online NHS training**, designed to help you safely care for children and young people with asthma.

Did you know that around **1 in 11 children** in the UK have asthma—approximately **1.1 million children**? Each year, over **60,000 children** are admitted to hospital due to asthma attacks. The latest data from the child mortality data base 2024, found that sadly 54 children died from asthma.

Many of these deaths are preventable with the right care and awareness. The <u>Tier 1 Asthma</u> <u>Awareness Training</u> takes just **45 minutes** to complete and provides essential skills and knowledge to help you make a difference.

**Healthy Start Training and Information Session** for all who work with children and families in Tameside. Come along to the Healthy Start Training and Information Session to learn more about the Healthy Start Scheme and how you can support your families to see if they are eligible and help them to access the scheme. To book your place on one of the following sessions contact <a href="mailto:tamesidehealthystart@tameside.gov.uk">tamesidehealthystart@tameside.gov.uk</a>

Tues 21 October 2025, 11:00-12:00, Microsoft Teams Monday 17 November 2025, 3:00-4:00, Microsoft Teams Tuesday 16 December 2025, 10:00-11:00, Microsoft Teams



#### **CSA Free training Webinars**

Centre of expertise on child sexual abuse are a multi-disciplinary team, who work closely with key partners from academic institutions, government, local authorities, health, education, police and the voluntary sector. Their focus is on supporting professionals to improve identification and response to <a href="child-sexual abuse">child sexual abuse</a> through evidence-informed resources, training, and guidance. You can book on a range of courses via the training area within the TSCP website Training - Tameside Safeguarding Children Partnership



# Talk Listen Change(TLC) Helping Young People Build Safer Relationships



TLC offer two supportive programmes to help young people understand and improve their relationships, with parents, partners, siblings or peers. Through a safe, confidential and non-judgemental space, young people are supported to:

- Explore feelings like anger and anxiety
- Reflect on behaviours that may cause harm
- Learn healthy communication skills
- Develop respectful, positive relationships

#### The Programmes:

- **RESPECT** Focuses on strengthening relationships between young people and their parents/carers. It is a 12 week programme for young people who are desplaying harmful behavoiurs towards their parent or carer and is suitable for children ages. Support is offered for both young person and adult (aged 8-18).
- **Encouraging Healthy Relationships**: Supports better connections with siblings or partners. A 12-week programme for young people displaying harmhul behavoiurs to their partners, ex-partners or siblings. (aged 8-18).

To make a referral, click on the link Referral for you or your clients - TLC: Talk, Listen, Change



This is a virtual training course which is delivered via Microsoft Teams. You will be sent a link to the Teams meeting via Eventbrite. The course aims to enable participants to be part of the Tameside and Stockport C-Card Condom Distribution Scheme and provide information and support around sexual health to young people and young adults. It is intended for

professionals working in Tameside and Stockport who deliver direct work with young people aged 13 to 24 years and wish to deliver the Tameside and Stockport C-Card Scheme within their organisation. This includes the registration of young people onto the C-Card Scheme.

#### **Objectives of the course are:**

- To develop an understanding of the C-Card Scheme process and to be able to deliver C-Card interventions
- To be able to register young people and young adults onto the C-Card scheme which includes using the C-Card database
- To increase awareness of the types and variety of condoms, dams, femidoms, lube and other products available through the scheme
- To acquire relevant information about Sexually Transmitted Infections (STIs) and the screening process
- Increase participants knowledge of sexual health services and online testing, and be able to support young people to access these

These are the upcoming sessions.

Thu, Oct 23, 2025 at 9:00 AM | Eventbrite
Tue, Nov 25, 2025 at 1:00 PM | Eventbrite

# Virtual College - TSCP Online Training Offer

If you work with children, young people, or families in any capacity, safeguarding is part of your responsibility. To support you in this vital role, Tameside Safeguarding Children Partnership (TSCP) has partnered with Virtual College, a leading online training provider, to offer free access to 40 high-quality safeguarding courses. Safeguarding is a broad and complex area, covering everything from types of abuse and their warning signs to online safety, neglect, and LGBTQ+ awareness.

These courses are designed to support your continuing professional development (CPD) and help organisations across Tameside build a confident, well-informed workforce. Whether you're a frontline practitioner, manager, or volunteer, these courses are here to help us all work together to keep children, young people, and families safe.

Accessing the training is simple and completely free. Just follow the link below to register through <u>Enable</u>, our online learning platform.

# **Graded Care Profile 2 - TSCP Training**

Neglect affects 1 in 10 children in Tameside. GCP2 is a strengths and evidence-based assessment tool that helps professionals measure the quality of care provided by a parent or carer in meeting their child's needs.

In this 1 day training course you will explore how the tool works and complete an assessment and on completion you will receive a GCP2 license to use the tool, as well as all the training materials needed. You will be able to provide guidance and/or interventions, or signpost/refer to the most appropriate supporting agency. (This tool replaces TNAP)

To book a place on one of the following dates visit <a href="https://tamesidescp.org.uk/training">https://tamesidescp.org.uk/training</a>

Thursday 16 October – Dukinfield Town Hall (Lesser 2)

Friday 24 October – Dukinfield Town Hall (Lesser 2)

Friday 14 November – Dukinfield Town Hall (Lesser 2)

# **TSCP Missing from Home Training – spaces still available**

Thursday 15 January 2026, 9:30 – 12:30, – via Microsoft Teams To book a place visit https://tamesidescp.org.uk/training

The local authority has a statutory duty to offer all children and young people, who run away or who have been reported as missing a Return Home Interview.

Whilst missing from home or care, children and young people may experience abuse in any form, use substances, or experience poor mental health and these situations could reduce the child's or young person's safety. Quite often when children and young people are missing, their education, family and social relationships, and life chances can often be hindered.

Missing children and young people are particularly vulnerable to trafficking, violent crime, drug use and exploitation, including sexual exploitation and criminal exploitation. If you are a carer or professional and would like to develop your knowledge and understanding in this area, please join us at one of our training events.

**Understanding Exploitation** TSCP Training - spaces still available.

Thursday 27 November 2025, 9:30 – 12:30, Microsoft Teams

Safeguarding children from exploitation is everyone's business.

- Improve your understanding and raise your awareness about how children and young people are groomed and exploited.
- Know the signs and indicators that a child or young person is at risk of or is being sexually exploited, such as sextortion and/or criminally exploited, including county lines.
- Develop your understanding of the impact that child exploitation has on children, young
  people and their families and what to do if you suspect that a child or young person is at
  risk and how to safeguard them from harm.



The Brook Sexual Behaviours Traffic Light Tool is a tool to identify, understand and respond to sexual behaviours in children and young people up to 18 years old.

Curiosity about bodies and sex is a normal part of development. However, some sexual behaviours can be a sign of abuse or CSE (Child Sexual Exploitation). Brook's tool can help you know the difference.

This tool was originally introduced in Tameside following a serious case review. It takes up to 2 hours to complete and TSCP still has plenty of licences available for all partners to access.

If you are interested, please contact us at <a href="mailto:tscp@tameside.gov.uk">tscp@tameside.gov.uk</a> and we will send you details on how to access the course.

An overview of what is covered in the training can be found via the link <u>CPD: Brook Sexual</u> Behaviours Traffic Light Tool (RSE) Course



Free Online Safety webinars for schools – Supported by Vodafone The NSPCC are excited to offer a free eight-part webinar series designed to help you keep children safe online. Covering the topics that matter most to children and young people, each session features safeguarding experts sharing real-life case studies and the voices of

young people themselves. Running monthly from September 2025 to April 2026, you can join live or catch up on demand at your convenience. Topics include harmful content, grooming, scams, social media navigation, and managing digital footprint, essential knowledge for anyone working with or caring for children.

#### **Tameside Safeguarding Children Partnership Training Offer**

The TSCP training offer for **October to December** 2025 also includes: Reducing Parent Conflict, Solihull Approach, Early Help Assessments, Multi-Agency Risk Assessment Conference briefing, Analytical Overview, Power of Language, Unconscious Bias, Safeguarding Infants, Cultural Genogram and Eco Mapping and Multi Agency Public Protection Arrangements (MAPPA).

Don't forget to check the training page area of the TSCP website as the training offer is always developing. To book or for the full calendar visit <a href="https://tamesidescp.org.uk/training">https://tamesidescp.org.uk/training</a>

#### **Polite Request**

When booking a TSCP training event, please can you only book a place for yourself and ask individuals to book their own events, also if you are no longer are able to attend the event, please can you cancel your place so it can be offered to someone else. Thank you.



If you would like to learn how to get the best out of Research in Practice, why not book onto the next event: <u>How to use Research in Practice</u> - October 2025 | Research in Practice

If you miss this event, they are held monthly. This resource is free of charge and open to anyone with a Tameside email address can create an account free of charge by following the information <a href="https://example.com/here.">here.</a>

### Attachment in Practice: What it is, what it isn't, and why it still matters

Click on the link to book a place on the Research in Practice Microsoft Teams training being held on 23 October 9:30am – 3:30pm



research in practice

<u>Discussing the use of generative AI in children's social care case recording.</u> Published: 09/10/2025

Generative AI (GenAI) is beginning to reshape how social workers record cases and engage with information. While it offers clear benefits (such as saving time and reducing administrative workload) it also introduces important ethical considerations and potential risks. A new set of resources, developed by the Children's Information Project Learning Network, explores these opportunities and challenges. Funded by the Nuffield Strategic Fund and hosted by the University of Oxford in collaboration with the University of Sussex, the London School of Economics, and four Local Authority partners, these materials offer valuable insights for professionals navigating this evolving landscape.

Young people's experiences of suicidal thoughts and feelings - Helplines insight briefing, Publication date September 2025

This briefing uses insight from Childline counselling sessions to highlight the experiences of young people experiencing suicidal thoughts and feelings. It shares young people's varied experiences of suicidal thoughts and feelings, including:

- how young people spoke about and described their suicidal thoughts and feelings
- help seeking for suicidal thoughts and feelings
- unhelpful responses from others after seeking support
- young people's use of coping mechanisms and techniques.

You can also sign up for the NSPCC weekly Casper Newsletter and a monthly learning newsletter by registering using the links below.

- CASPAR | NSPCC Learning
- NSPCC Learning newsletter | NSPCC Learning

Greater Manchester The Greater Manchester Tri-x procedures manual has been updated in June 2025.

Visit GM SCP to see all recent amendments.

We hope you find this information useful. If you would like your service or any updates to be included in a future TSCP Newsletter, please e-mail <a href="mailto:TSCP@tameside.gov.uk">TSCP@tameside.gov.uk</a>

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