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|  | **Autumn 1**

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| Being Me in My World |

 | **Autumn 2**

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| Celebrating Difference |

 | **Spring 1**

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| Dreams and Goals |

 | **Spring 2**

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| Healthy Me |

 | **Summer 1**

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| Relationships |

 | **Summer 2**

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| Changing Me |

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| **N** | Caring For Others | Kind WordsPlaying and Working together | Being Positive | Balanced DietBeing Active | Falling Out | Respecting our Bodies |
| **R** | BelongingBeing Responsible | Being DifferentGiving Compliments | Not Giving UpBeingBeing Proud | Keeping SafeKeeping Safe | Making and Keeping FriendsRespect for Others | Growing Up How we have changed since we were babies |
| **1** | Keeping Safe at School | Similarities and DifferencesBullying and Feelings | Being SuccessfulPositive Feelings | Keeping My Body SafeBeing Healthy | Being SpecialGood and Bad Behaviour Traits | My changing body Boys’ and girls’ bodies; correct names for body parts |
| **2** | Behaviour and ChoicesFriendships | Being DifferentStereotypes | Working with OthersIdentifying Feelings | Medicines and Keeping SafeHealth and Choices | Relationships that are safeSolving Problems | Boys’ and girls’ bodies; body parts and respecting privacy (which parts of the body are private and why this is) |
| **3** | Effects of behaviour upon othersRules | FriendshipsSolving Conflict | Improving OurselvesSuccess | Keeping SafeManaging Feelings | PositivityMaking ChoicesImpact of Choices | How babies grow and how boys’ and girls’ bodies change as they grow older |
| **4** | Listening and RespectDemocracy | First ImpressionsAcceptanceBullying | Different CulturesGoals and Resilience | Body and RespectPeer pressureManaging Negative feelings | LossManaging Loss in our families | Having a baby: Internal and external reproductive body parts Puberty and menstruationConception explained in simple terms. |
| **5** | Rules and ResponsibilitiesImpact upon others | BullyingDiscrimination | Hopes and DreamsDifferent Cultures | Food and substancesRespecting our Bodies | Online and Offline FriendshipsManaging Risks | Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms. |
| **6** | Choices and Impact | ConflictDifferences | Motivation | Substances Managing Stress | Feelings | Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager. |

 Coordinator – Miss Evans/Miss Fyfe

All lessons are taught using correct terminology, child-friendly language and diagrams.