

CHILDREN AND YOUNG PEOPLES MENTAL HEALTH AND EMOTIONAL WELLBEING



GETTING ADVICE AND GETTING HELP

(September 2021)

Mental Health Support in Tameside and Glossop

[More information](#) for adults and children's mental health services

Local Offer for SEND



Do you have a query around Autism or ADHD and need support?

ADHD / ASD Consultation Offer



Contact the CAMHS service on 0161 716 3600 to access one of the Tuesday Consultation slots with one of the Neuro Specialist Team. This could be delivered digitally, over the phone or where there are risks, we can support face to face. You can access more than one consultation appoint if you need to.

KOOTH **Online Counselling** and Peer Support Forum for 11-18 year olds

Free to register, no referral needed



The Hive Drop in (8-18 year olds)

TOG Mind

Every Wednesday 4-8pm in Ashton, other localities available

Online support



Tameside, Oldham and Glossop



School Nurse **Health Advice Line**

Call 0161-366-2317

Monday to Friday 9am-4pm



Live information on the Facebook page

Early Help

Neighbourhood Support and Advice for families in Tameside



Families and Young People Can **SELF-REFER** to the Community Offer – online support and drop ins



For everyone every day