**Mental Health advice for professionals working with children and young people in**

**Tameside and Glossop**

Emergency concerns where young person is considered to be at immediate risk and serious harm to themselves or others**.**

Urgent concerns with a young person’s mental health, risk and/or emotional wellbeing. The young person and those around them are able to be kept safe.

Non-urgent concerns regarding a young person’s mental health, risk and/or emotional wellbeing.

**SPEAK** with Neighbourhood Practitioner on **07776473543.** If unavailable then contact Tameside Healthy Young Minds Duty Worker on **0161 716 3600** Monday-Friday 9am-5pm.

Out of hours call **111** for advice

Contact Tameside Healthy Young Minds Duty Worker on **0161 716 3600** Monday-Friday 9am-5pm.

Call **111** for advice **out of hours**

Call **999** or attend **A&E** in an emergency

Discuss in consultation with HYM Neighbourhood practitioner. *Professionals must ensure they have consent to discuss.*

**Contact Number: 07776473543**

[**pcn-tr.hymsadvice@nhs.net**](mailto:pcn-tr.hymsadvice@nhs.net)

Examples (not exhaustive):  
Concerns of immediate risk/harm to self or others/safety.  
Thoughts/plans of suicide – consider intent, plans and nature of suicidal thoughts.   
Severe self-harm.

Examples (not exhaustive):  
Suicidal thoughts or significant self-harm (Please follow self-harm pathway).  
Concerns that a young person’s mental health is causing a significant impact to carry out their daily living activities.

Examples (not exhaustive):  
Evidence of low mood and/or anxiety, panic, worry.   
Low-moderate worries about the emotional well-being of a young person and advice on how to support.

**Tameside and Glossop Healthy Young Minds are pleased to offer a dedicated Neighbourhood Mental Health Service in Tameside and Glossop.**Our consultation offer supports professionals in identifying and supporting the mental and emotional health needs of young people. The team can be contacted via:

[**pcn-tr.hymsadvice@nhs.net**](mailto:pcn-tr.hymsadvice@nhs.net)

**07776473543**

(Please note we aim to respond to all emails within 5 working days, this inbox is not continually monitored).   
**Please contact the HYM team directly if you require an urgent response on 0161 716 3600.**

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| **Stalybridge Locality: Pushpa Shaw**  **Glossop Locality: Rhiannon Wilcox and**  **Pushpa Shaw**  **Ashton Locality:  Pushpa Shaw    Denton Locality: Rhiannon Wilcox  Hyde Locality: Rhiannon Wilcox** |