

Bereavement resources for parents

During this time of uncertainty we thought that it might be useful to put together some simple ideas to help you in the event of a bereavement in your family or close circle of friends. We hope, of course that everyone stays safe and well but these resources are here if needed.

Please contact the school office if you need any extra support or advice

Helpline telephone numbers:

Winston's Wish

(08088 020 021)

Child Bereavement UK

(0800 02 888 40)

Websites with information and guidance for schools and families to support bereaved children:

Winston's Wish

<https://www.winstonswish.org/coronavirus-supporting-bereaved-children-and-young-people/>

Coronavirus: information and guidance for supporting bereaved children and young people.

<https://www.winstonswish.org/telling-a-child-someone-died-from-coronavirus/>

Information and scripts to use if someone the child knows has died from Covid-19.

<https://www.winstonswish.org/coronavirus-funerals-alternative-goodbyes/>

Saying goodbye when children cannot attend the funeral.

Child Bereavement UK

<https://www.childbereavementuk.org/Handlers/Download.ashx?IDMF=bc9f3d7d-7b43-421a-8ed4-4335f9c23b35>

Downloadable information sheet with tips for supporting bereaved children through difficult times.

Child Bereavement UK also have a drop-in facility for families and professionals in the Salford Royal Hospital on the fourth Thursday of each month. **However, these have been suspended and online support is instead available.**

https://directory.childbereavementuk.org/?keyword=Salford&organisation_name=&category_term=all&postcode=&radius=5

CRUSE

<https://www.cruse.org.uk>

Support, advice and information to children, young people and adults when someone dies.

Gaddum

Gaddum provides a needs-led therapeutic service for Manchester and Salford children and families. The Gaddum Centre offers Children's Bereavement Counselling and works with individuals following a bereavement. Initially it has to be a young person who is referred. Once that referral has been accepted, they can also provide support to the adults who are caring for the child or young person.

<https://www.gaddumcentre.co.uk/> - **Online services are only being provided at present.**